

## **Indeed project meeting in Erfurt/Germany**

We first met face-to-face in our Indeed international Erasmus+ project on best practices in independent living. We were hosted in the beautiful city Erfurt by our German partner VSBI. The two-day meeting in Germany had a particularly friendly, kind and enjoyable atmosphere with lots of playful activities and interactive work organised by the host. But the greatest value was the large number of people with disabilities themselves who attended the meeting, thanks to the Slovak partner Land of Harmony Foundation, the Italian partner Fondazione Luigi Clerici, and the Hungarian partner People First Egyesület. We were thus able to hear many of their own experiences, receive valuable comments and learn a lot from each other. The following topics were discussed at this fun and active meeting:

- Involvement: why am I involved in this project? What interests me in this project? What do I want to learn from others?
- Introducing LIGA political self-advocacy group of people with disabilities Thuringia, who also provided the venue for the meeting.
- We were able to learn about the very interesting WIR project, which provides counselling, exchange and networking opportunities for people with disabilities in certain city-parts of Erfurt.
- We gathered interesting experiences from each other about the assistance system and personal budget advice in different countries. As well as on empowerment, which is one of the most important tasks for the near future for anyone working with people with disabilities.

It was hard to say goodbye, but we will meet again in person in June, this time in Zilina, Slovakia. Follow us for more updates on the progress of the project!