

Nothing about us without us

*examples of supporting self-advocacy
in Hungary and in Pécs*

Pécs, 15th Oct. 2024.

I want to speak up – how and to whom?

What are my rights?

What are my responsibilities?

Where and how do I find support?

★ Knowledge of rights, ways, platforms and peer organisations

★ Learning through and with organisations, peers, online materials

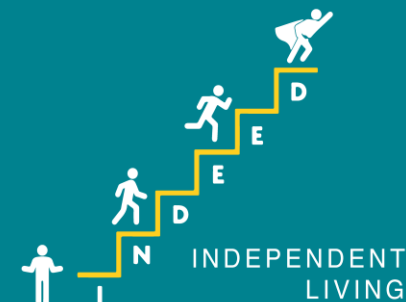
★ Contacting allies and decisionmakers, the public



Education

- **Formal education**
 - e.g. Schools
 - Important: educational workshops led by people with disabilities
- **Supporting organisation**
 - government supported organisations
 - NGOs (Non-Governmental Organisations)
- **Peer-to-peer knowledge sharing**
 - A simple everyday chat
 - Asking advice
 - Sharing personal experiences, stories, know-how
- **Independent learning and teaching**
 - materials available online, in libraries, press
 - Interaction with peers and non-disabled people

Keep in mind : the principle of "nothing about us without us"!



TASZ - Társaság A Szabadságjogokért

Hungarian Civil Liberties Union

<https://hclu.hu>

The Hungarian Civil Liberties Union is a human rights NGO. Since their foundation in 1994, they have been working for everybody being informed about their fundamental human rights and empowered to enforce it against the undue interference by those in position of public power.

- **They help with legal cases of people with disabilities nationwide**
- **In Pécs, they've helped:**
 - During the COVID-19 pandemic advocating –among others- for the fundamental rights of residents in nursing homes (visits, outdoor activities)
 - By partaking in forming of the Pécs Platform of Disabilities:
 - Members: TASZ, multiple disability organisations and a self-advocate
 - Working together in assessing and possibly improving the accessibility of fields like public transport, education...



Közélet Iskolája

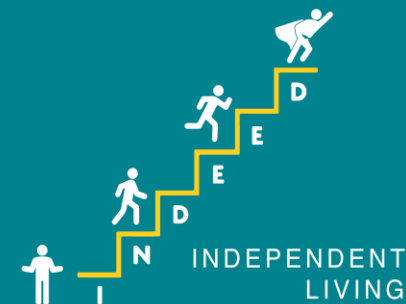
The School of Public Life

<https://kozeletiskolaja.hu/homepage/>

Their goal is to make the necessary knowledge and skills available for grassroots social justice organizing. They support civil society organisations to operate more effectively. They build a diverse community where critical thinking, democratic participation and solidarity are valued.

Organizing on-site and online workshops, also for people with disabilities

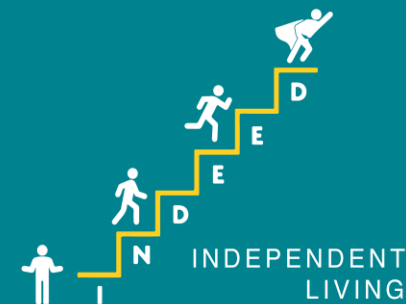
- Publications and knowledge production
- Participatory action research
- Political education
- Strategic planning for organizations



Learning and support

- Organizations of different disability groups
- Diverse organisations: disabled and able-bodied people, experts from profession and experts from lived experiences
- Participative organizations

The aims and focus may vary, but the main aim is to represent the interests of people with disabilities and to support them in their daily life and decision-making.



Skilly

<https://skillyjobs.org/en/>

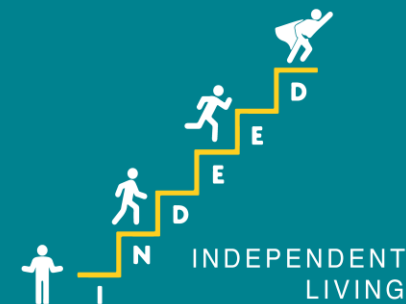
Their aim is to break down stereotypes in the public mind and to show that people with disabilities can be successful and useful members of society if given the opportunity.

For people with disabilities

- Workshops (english language, CV writing, communicating disabilities and needs, etc.)
- Trainings (software tester, data analyst, financial administration)
- Mentoring
- Social activities (quizzes, game events, interactive opportunities)

For corporate partners

- Trainings
- Advice
- "Fast Track Package": accessibility assessment, counselling, linking partners with jobseekers with disabilities .



Freekey

<https://www.freekey.hu/en>

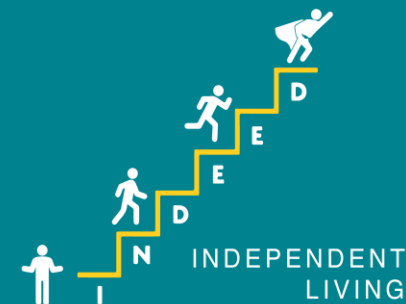
A team of disabled and non-disabled people. The aim of their bottom-up initiative is to provide services that allow persons with disabilities to live in a self-determined way.

This means they want to control their lives, to be able to decide on issues that concern them and are important to them, from meeting basic needs to full participation in social life.

The movement and scientific work aims to organise and operate services that support Independent Living (such as personal assistance, supported employment, etc.).

Freekey is a member of the Disability/Studies/and Social/Innovation Lab ([DSSILab](#))

- **Connecting stakeholders: people with disabilities, supporters**
- **Spreading awareness and knowledge**
- **Organising and partaking in self-advocacy events, projects**



Közvélemény

Public Opinion

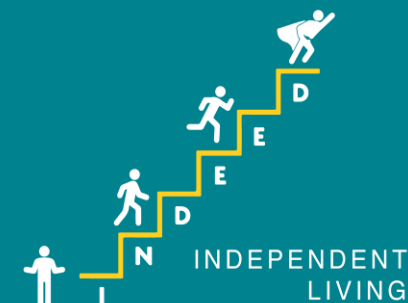
<https://www.emberseg.hu/en/public-opinion/>

*PO's mission is to root a progressive public forum in Pécs.
To discuss in a cultured way social issues and concrete matters of current concern to our city,
within the framework of participation,
inside and beyond the bubble.*

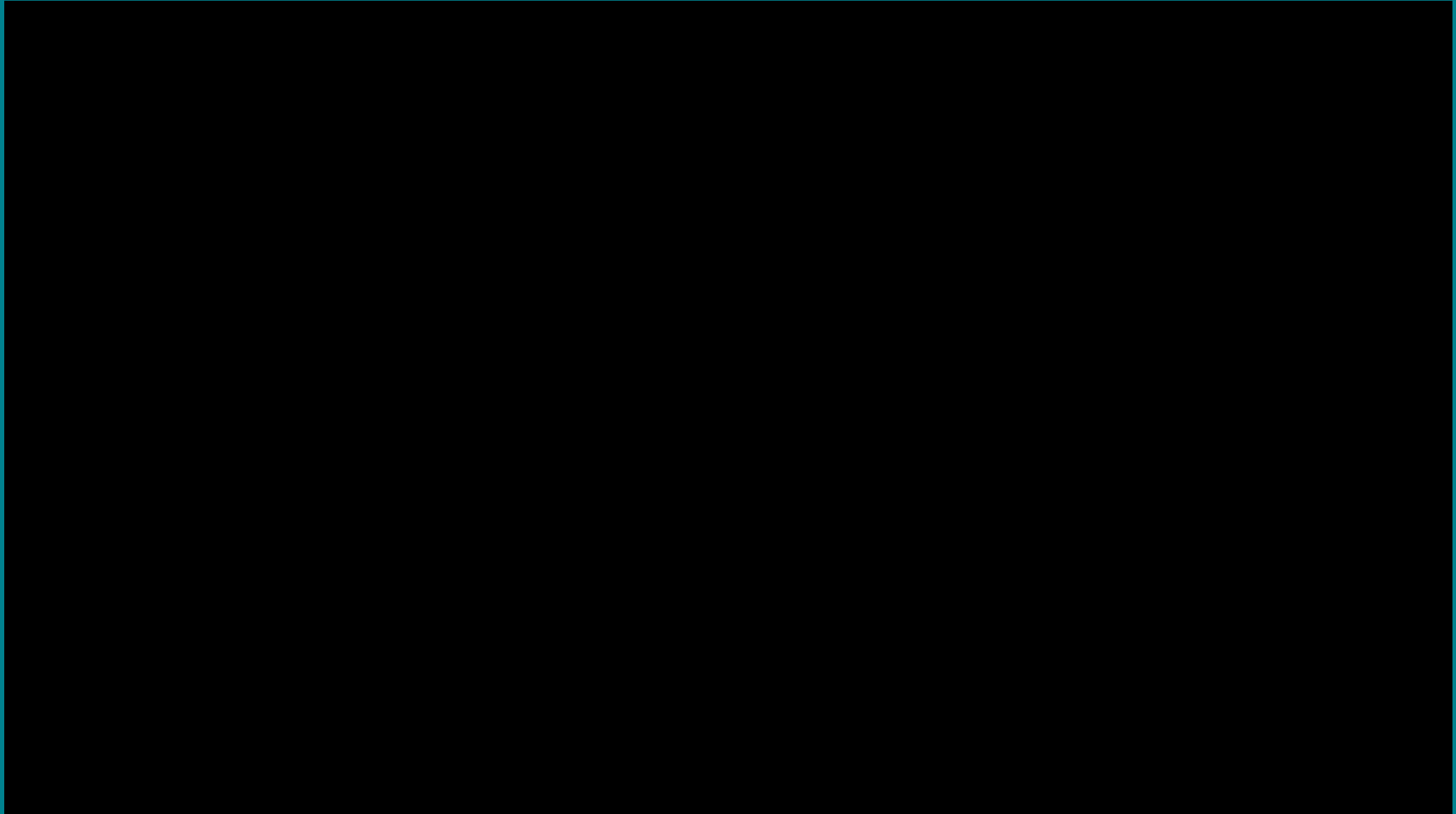
- **Organized by the Power of Humanity Foundation
(Emberség Érejével Alapítvány)**
- **Two seasons per year, four occasions per season**

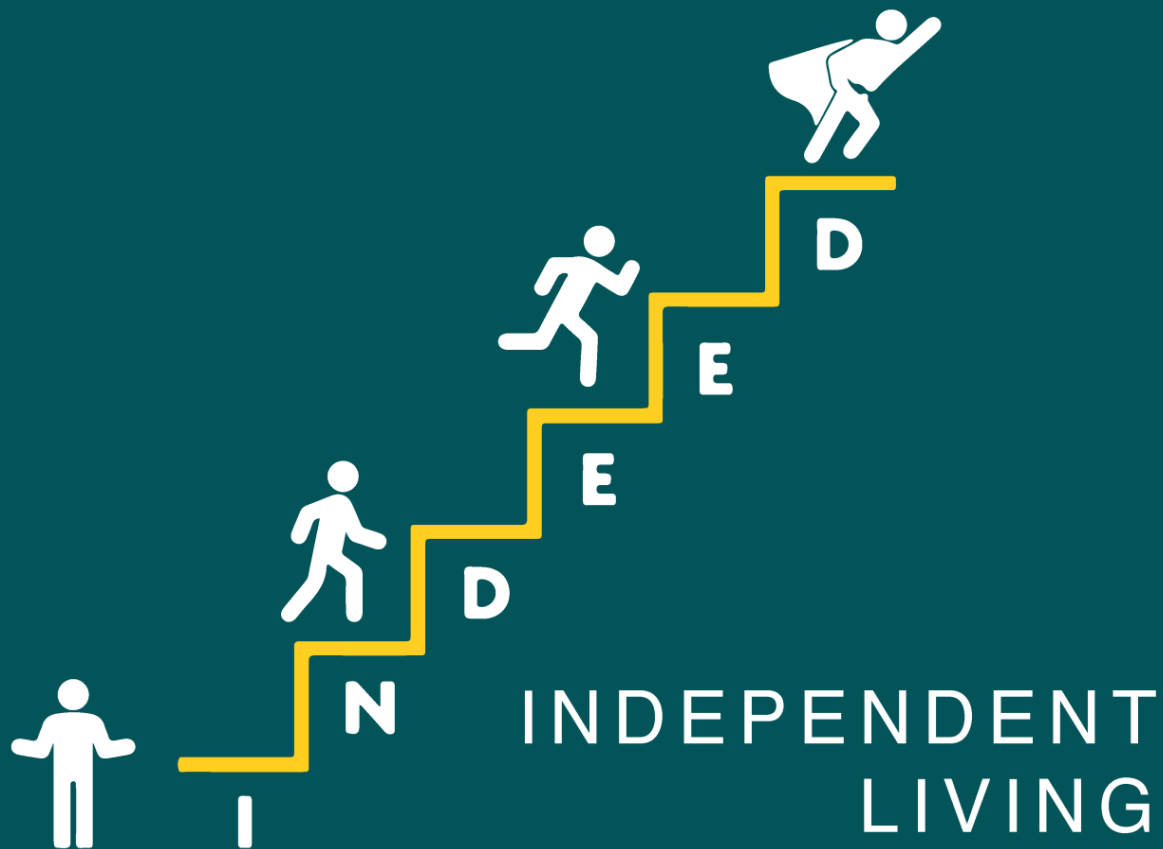
PO is a playful, moderated activity: there is a given topic, invited experts will speak of the subject, then participants draw a line, the moderator makes statements and participants take their sides. Participants have 60 seconds to ask questions, respond, argue or express their views.

Pécs belongs to everyone, so participation of people with disabilities is encouraged.



Advocacy and raising awareness with style and passion? Fashion show!





**Thank you for your
attention
and
advocacy work!**

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