

# Activity 4.1.2 – What Contributes to Successful Cooperation in Care?

## Learning Materials

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# 1. Reflection Prompt Card

**Title:** Reflecting on Successful Cooperation in Care

**Instructions:** Think of a situation where cooperation in care worked well. This may involve interaction between:

- a person in need of care
- an informal caregiver (e.g., family member)
- a formal caregiver (e.g., professional)

**Guiding Questions:**

1. What made this cooperation successful?
2. How did the people involved communicate?
3. What attitudes or behaviors supported collaboration?
4. How were decisions made?
5. How did the person in need of care participate?

# 2. Group Work Sheet

## Title: Identifying Key Factors of Effective Cooperation

Key Factor	Description	Example from your practice
Communication		
Trust		
Respect		
Role clarity		
Participation		
Other: _____		

### Instructions:

- ✓ Discuss within your group and complete the table.
- ✓ Add additional factors if needed.
- ✓ Use real-life examples where possible.

## 3. Group Presentation Prompt Card

### Each group presents briefly:

- ✓ “In our example, successful cooperation was achieved through...”
- ✓ “The most important factors we identified are...”
- ✓ “An example from practice is...”
- ✓ “These factors reflect FairCare principles by...”

# Flipchart / Sticky Notes Template

**Title:** *What Makes Cooperation in Care Successful?*

Each group writes short points (one idea per note):

- ✓ Clear communication
- ✓ Mutual respect
- ✓ Trust between participants
- ✓ Shared decision-making
- ✓ Understanding of roles
- ✓ Active participation of the person in need of care
- ✓ Flexibility and empathy

# Key Concepts Handout

**Title:** *Principles of Successful Cooperation in Care*

## Core Factors

- Communication:** Open, clear, and respectful exchange of information
- Trust:** Confidence in the intentions and actions of others
- Respect:** Recognition of each person's dignity and perspective
- Role clarity:** Understanding responsibilities and expectations
- Participation:** Involvement of all stakeholders in decision-making