

Pair Feedback Mini-Card

People in Need of Care | Section 1.1 Self-Assessment

How to use this card

1. Sit with your partner. Take turns. One person speaks, the other listens.
2. Read the sentences below. Complete them out loud or write your answer.
3. Swap roles and repeat.

① **Two things I value in you are...**

② **One thing that could help you participate is...**

 One thing I want to remember from this conversation:

Remember: This is a space for kindness and honesty. Share only what feels comfortable. Your partner listens without interrupting.