



My rights in care

True or False?

1. I can ask questions about my care

☐ True

☐ False

2. It is okay to say if something makes me uncomfortable.

☐ True

☐ False

3. Other people should always decide for me.

☐ True

☐ False

4. My daily routine and preferences matter.

☐ True

☐ False

5. I can ask for changes if I need support.

☐ True

☐ False

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One thing I would like to speak up about more:

FairCare Project | Erasmus+ KA220-ADU | Inclusion & Self-determination

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