

5.1.2 Peer Feedback in Action

Learning Materials

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1. Scenario Cards (for Pair Work)

Title: Real-Life Caregiving Scenarios

Scenario 1 – Communication Conflict

A family member feels that the professional caregiver is not taking their concerns about the care plan seriously. The caregiver feels pressured due to time constraints and workload.

Scenario 2 – Emotional Stress

An informal carer feels emotionally overwhelmed and unsupported. The professional caregiver focuses mainly on tasks and does not acknowledge emotional needs.

Scenario 3 – Lack of Inclusion

A person in need of care is not involved in decisions regarding their daily routine. Caregivers make decisions without consulting them.

Scenario 4 – Role Misunderstanding

A disagreement arises between a professional caregiver and a family member regarding responsibilities and expectations in the caregiving process.

2. Peer Feedback Instruction Card (Handout)

Title: How to Conduct Peer Feedback

Instructions:

- Work in pairs.
- One participant presents a caregiving challenge based on the scenario.
- The second participant provides constructive feedback.
- After 5–7 minutes, switch roles.

Principles of Fair Feedback:

Ensure equal participation

Respect all perspectives

Focus on learning and improvement

Avoid judgment or blame

Promote collaboration and shared understanding

Feedback Structure Card

Title: Providing Constructive Feedback

Participants are encouraged to structure their feedback as follows:

1. Acknowledgment:

“I understand that this situation is challenging because...”

2. Positive Recognition:

“One strength in your approach is...”

3. Constructive Suggestion:

“One possible way to improve the situation could be...”

4. Inclusive Dialogue:

“What do you think about this idea?”

Feedback Sentence Starters Card

Title: Supporting Respectful Communication

- “I hear that...”
- “It seems important to you that...”
- “A positive element in your approach is...”
- “You could also consider...”
- “How would you feel about trying...”
- “What support might help in this situation?”